



COACHING

Thinking about Coaching? All you need to do is find a Team and follow these easy steps on how to be a GREAT coach! **Be a great coach (Codes of Behaviour)**

- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of players
- Respect the talent, development stage and goals of each player
- Treat all equally and cater for individual difference based on gender, ethnic origin, religion or ability
- Ensure players enjoy and develop their skills and play by using positive specific and constructive feedback
- Commit to increasing knowledge of sound coaching principles and development stages of young children
- Allow opportunities for players to develop decision making skills
- Be reasonable in demands on player's time, energy and enthusiasm
- Follow the advice of medics when determining if an injured player is ready to resume playing or not
- Display a professional manner with regard to language, preparation, planning & presentation
- Encourage effort and skill; this will increase self-esteem and self-confidence
- Remember children's main reason for playing is to have fun!
- Be a role model and ensure players display same qualities
- Encourage players to show respect for opponents, team mates, umpires, officials and spectators.